



BULLETIN

Number 2320 21 September 2022 Volume 50 Issue 16 www.rotaryclublindisfarne.org.au

This Meeting Georgina Perri – RYLA Attendee Sponsored by RCOL – Her RYLA Experience

Last Meeting Claire Symons from So Brave – Coping with Breast Cancer

Australia's Only Young Women's Breast Cancer Charity

So Brave is a fusion of art, cancer research, empowerment, fundraising, body positivity, and education.



Claire is the 2022 Ambassador for So Brave, a charity that is focused on sharing stories, education and awareness of Breast Cancer in young women 20-39 years old.

Claire's own journey began in 2020 when she was 34 years old. Sitting down on the couch to watch the hype of the Pandemic unfold she scratched her arm and noticed a lump. In Claire's story, she waited a couple of days and when the lump was still there, she went to her GP. Given her age, the narrative was that she probably just had a cyst. With the hospitals becoming vigilant in limiting the people walking through the hospital, Claire faced the diagnosis of an aggressive malignant tumour - Breast Cancer, without a support person to turn to.

After surgery, confusion, fear and 6 months of chemotherapy, Claire first realised she was not alone on this journey when she received a 'gift' "Letters of Love" from young breast cancer survivors. The ability to connect with others experiencing the same phase of life, helped to unlock the journey from sickness to healing.

In 2020 1 in 7 women under the age of 85 years were diagnosed with breast cancer. This is around 20,000 Australian women. Of these 5% (1,000 women) were aged between 20-39. 10% of these young women died. Breast cancer in young women tends to be more aggressive, harder to detect and often missed, so when found it tends to be more advanced.

Thank you Claire for sharing your own experience and raising awareness about "So Brave" and the important work of this great organisation.

Update from our President

Just letting Members know that I have submitted the vote on behalf of the Club as a “Yes” to proceed with the Regionalisation project.

This week Malcom Portwin from Sandy Bay Club will give a 20-minute presentation about the planning process that he will be facilitating for us. Malcolm will be first up, then after dinner, Georgina Perri will talk about her RYLA experience.

On the night I will also hand out a questionnaire for you all to complete, as part of the planning process. For those who can't attend I'll send out the questionnaire via email.

There are quite a few things coming up in October, including BBQ's, Tommy etc. There is also the Group 2 Forum meeting at Tasmania Golf Club on the 5th, the Clarence Sunrise Quiz night on the 15th and of course we have our own Charity Fund Raising function at Blundstone Arena on the 29th. There are also a few other Rotary events/functions around Hobart in October and it would be good if you could support some of these.

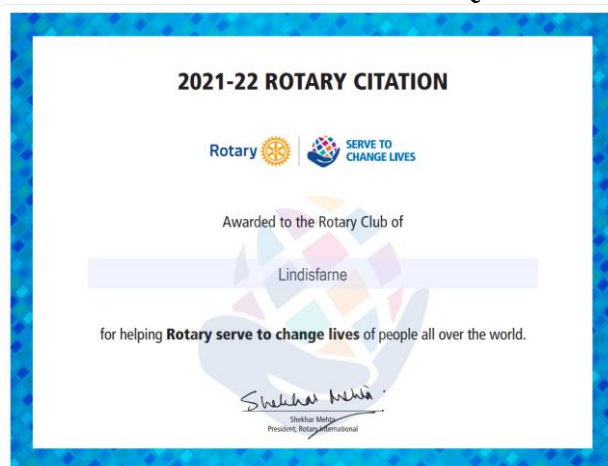
October 24th is “World Polio Day” and Rotary & its partners, such as the Bill & Melinda Gates Foundation, have reduced polio cases by 99.9% since 1988. Only two countries continue to report wild polio cases: Afghanistan and Pakistan. Rotary believes we can shrink that number to zero. If you would like to know more go to:

<https://www.endpolio.org/world-polio-day>.

President Stephen



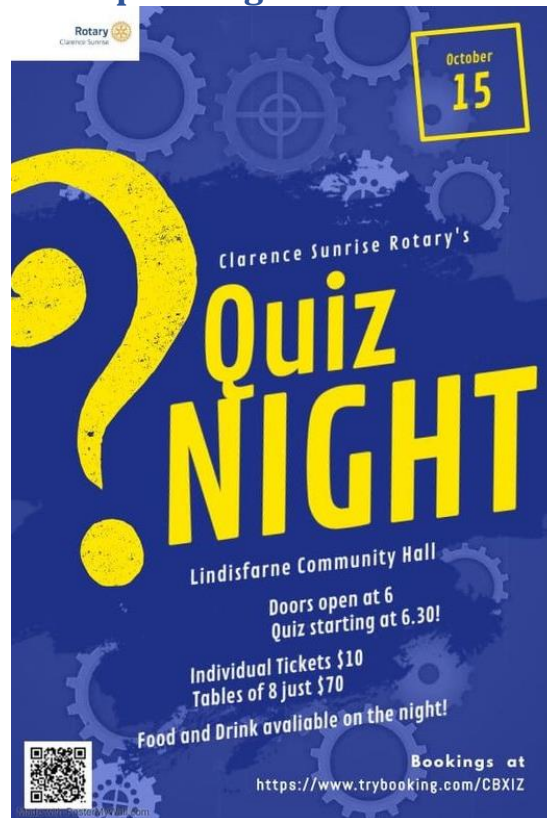
RCOL Members at the recent UTAS BBQ on the Domain



Citation awarded to RCOL for the Club's Outstanding contribution in 2021-22 – well done!

Clarence Sunrise News

Upcoming Activities



PROGRAM - 2022 (Meetings to be held on first and third Wednesdays)

Date	Speaker	Topic
21 Sept	Georgina Perri – RYLA attendee sponsored by RCOL	Her RYLA experience
5 October	Group 2 Forum - Tasmania Golf Club – Bob Gordon & Ralph Doedens	The Supported Affordable Accommodation Trust and how it is providing supported housing for people with disabilities
12 October	Board Meeting	
19 October	Economic Development Office with City of Clarence?	
29 October	Fundraising Dinner at Blundstone Arena	
9 November	Board Meeting	
30 Nov	Social Event – RCOL Xmas Dinner	
7 Dec	Board Meeting	
14 Dec	AGM & Final Meeting for the Year	
18 Jan	First Meeting for the New Year – Social Event	

MEETING ROSTER

This Meeting	Next Meeting	Last Meeting
<p>21 September Georgina Perri - Her RYLA Experience</p> <p>Chair: M Patten Reception: Kathy H</p>	<p>5 October – Group 2 Forum – Tasmania Golf Club</p>	<p>7 September Claire Symons from So Brave</p>



OPERATIONS UPDATE

Location	Date	Time	What	Confirmed	Payment
Bunnings	24/09/22	800	BBQ	Confirmed	takings
Fahan School	30/09/22	3.3	Tommy	Confirmed	Hire
Wraps	1/10/22				
Group 2 forum	5/10/22	1830			
MYCT	9/10/22			Confirmed	
Quizz night	15/10/22				
Bunnings	16/10/22	800	BBQ	Confirmed	Takings
Hobart Show	20/10/22			confirmed	Free
Hobart Show	21/10/22			confirmed	Free
Hobart Show	22/10/22			confirmed	free
Charity Dinner	29/10/22				
Tarramah School	6/11/22	? 1030	Tommy	TBC	TBC
Bothwell	19/11/22	1000-1400	Tommy	TBC	Hire
Bothwell	20/11/22	1000-1400	Tommy	TBC	Hire
Centrecare evolve	26/11/22	1100-1400	Tommy	Confirmed	Hire
Claremont Billy Cart Derby	27/11/22	1000	Tommy	confirmed	TBA
Medical Practice Xmas Party - Ouse	4/12/22	Day	Tommy	Confirmed	Hire
Bunnings	8/12/22	1800	tommy		
Steves swim school	11/12/22	1200- 1500	tommy	Confirmed	Hire




Spring Clean Marine and Boot Sale

Sunday 9th October
9:00 am – 1:00 pm
 Motor Yacht Club Tasmania 1 Fore Parade Lindisfarne

Clean out your boat, shed and garage, convert your old unused items into \$\$\$\$.

Rods, Reels, Boats, Buoys, Ropes, Gardening Tools, Household items and more



\$15 + booking fee. Book through Eventbrite by clicking this link [Marine and Boot Sale Booking](#)
 Food and Drinks available
 Tables can be rented for \$10 on the day
 Contact admin@myct.org.au or ph: 03 62439021

Funds raised will go to the Egeria upkeep and Rotary Club of Lindisfarne


 Club of Lindisfarne

CHARITY DINNER & AUCTION

Saturday 29 October 2022
Blundstone Arena
6.30pm for 7pm start
\$85 per head (Bank details below)
 Tables of 10-12
 RSVP: 10 October 2022

Supporting:



Hobart City Mission
Caring since 1852



FRIENDS OF NEPAL
ADELAIDE INC.




Small Steps provides a live-in parenting and life skills program for young and their babies experiencing homelessness. Each mum can remain at Small Steps for up to 2 years.

The mission of Friends of Nepal is to provide access to senior and post secondary education to disadvantaged youth who would otherwise not have the means to fulfill their goals.

Enquiries:

Margaret 0434 378 214
Catherine 0418 435 209

Direct Deposit:

Account Name: Rotary Club of Lindisfarne
BSB: 632001
Account No: 100192356
Reference: Name of Table Booking

Recent Feedback from Hobart City Mission re their Sleeping Rough - Safe Space Program supported by RCOL & Clarence Sunrise Members a few Months ago

Hey Catherine!

It's been a while, and I wanted to share something pretty cool with you... ❤️

Recently, the University of Tasmania and the Tasmanian Institute for Law Enforcement undertook an evaluation report of our Safe Space Program.

I thought you might be interested to read a few snippets of the report, which clearly show the positive outcomes that the Safe Space program is having:

"All clients reported to the evaluators that attending Safespace has had a positive impact on their life. Clients reported the best thing about Safespace was that it allowed them rest, they felt accepted and provided with unconditional support and it allowed them to get to know others/make friends."

"The longer-term objective of the program is to secure housing. Both programs (Day and Night Space) contribute to long term outcomes of sustained housing, connection to community; stabilisation of health, mental health, alcohol and drug issues. By assisting clients to meet the short-term outcomes, the Safespace program provides the underlying work needed to achieve positive post-housing outcomes."

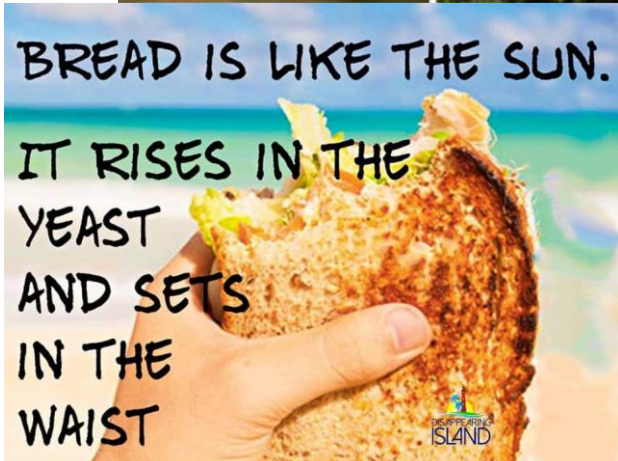
"This program provides the crucial stepping stone on the path out of homelessness and rough sleeping for this cohort and supports those who are already housed that are at risk of homelessness."

RYPEN Attendees Last Weekend



THEY SAY THAT LAUGHTER IS THE BEST MEDICINE!

(with thanks to Members of the Club for sharing these via social media or email)



**I'm giving up eating
chocolate for a month.
Sorry, bad punctuation.
I'm giving up. Eating
chocolate for a month.**

**MY SEX LIFE IS
LIKE
COCA-COLA.

FIRST
IT WAS NORMAL,
THEN LIGHT AND
NOW ZERO.**

