

# ROTARY CLUB OF LINDISFARNE

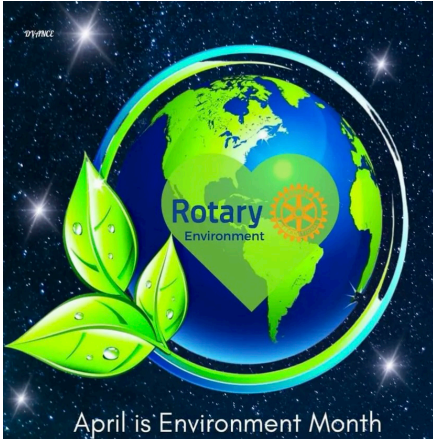
## BULLETIN



19 April 2023

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### LAST MEETING

5 April

Jodi Denman - Autism Tasmania

### THIS MEETING

19 April

Hayley Brown - RACT Road Safety Program

Chair:

Reception:

### NEXT MEETING

3 May

Sarah Bendeich -Clarence City Council

## LAST MEETING - RECAP BE OPEN TO AUTISM

Autism is a complex, lifelong neurodevelopmental condition that affects how people communicate, interact, and process information. It is not an illness, and there is no cure.

The Autism community in Australia has an estimated 3000 members. The peak autism body supports autistic members of the community and offers a range of services such as advice, NDIS support and coordination, peer and social networks, and much more.

The statistics suggest that 1 in 70 people are autistic but it is important to understand that across the spectrum, there are many levels of functioning and capability. People with autism are often misunderstood, and many people think of autism as an illness rather than a condition. The 'Be open to Autism' campaign aims to encourage the public to take more interest in autism and to celebrate uniqueness.

In October 2022, the National Assistance card was launched and is being trialed in Tasmania. This card is specific to the individual and provides information about them that can be shown when they are feeling stressed or overwhelmed, giving greater understanding when in public. The aim of the card is to support cardholders to express their area of challenge and give them more independence.

It's essential to remember that if you have met one person with Autism, you have met one person with autism. Each person is different and has unique needs and abilities. April is Autism month, and it's important to take the time to learn more about Autism and support the Autism community in any way possible. We must work towards reducing the 20-year life expectancy gap between people with Autism and the general population, and help them to be better supported in employment and housing. By being more understanding and inclusive, we can make a difference in the lives of those with Autism.



SAMPLE NATIONAL ASSISTANCE CARD

#### Information about me

Hello, my name is Pen Brake. EXAMPLE QR CODE.

I am autistic and live with mental illness. I may need understanding/ assistance due to:

- Feeling anxious
- Communication difficulties
- Depression
- Difficulty with social cues/interactions
- Sensory overload:  
light,sound,smell,touch
- Feeling overwhelmed
- Overstimulating environments
- Difficulty with changes to routine
- Difficulty being in crowded spaces
- Difficulty taking in information

# PRESIDENT'S REPORT

This week we will have RACT doing their Misunderstood Road Rules presentation.

Do you know all the road rules? I thought I did and felt I was an above average driver (Don't we all think that way!). But it wasn't until finding out that my "teaching" skills was directly responsible for two of my children failing their initial drivers test that maybe I wasn't as much as an expert as I thought I was.

I am going through the process of learning the rules again I'm in the process of going for my motor bike licence. I like to refer to this as a mid-life crisis, but my trainer was less kind and called it my late-life crisis! So, it will be worth coming to this meeting.

This meeting is kindly aimed at those of us who have been driving for more than a little while and are "young at heart".

A reminder that there is no meal on offer tonight, but the bar will be open.

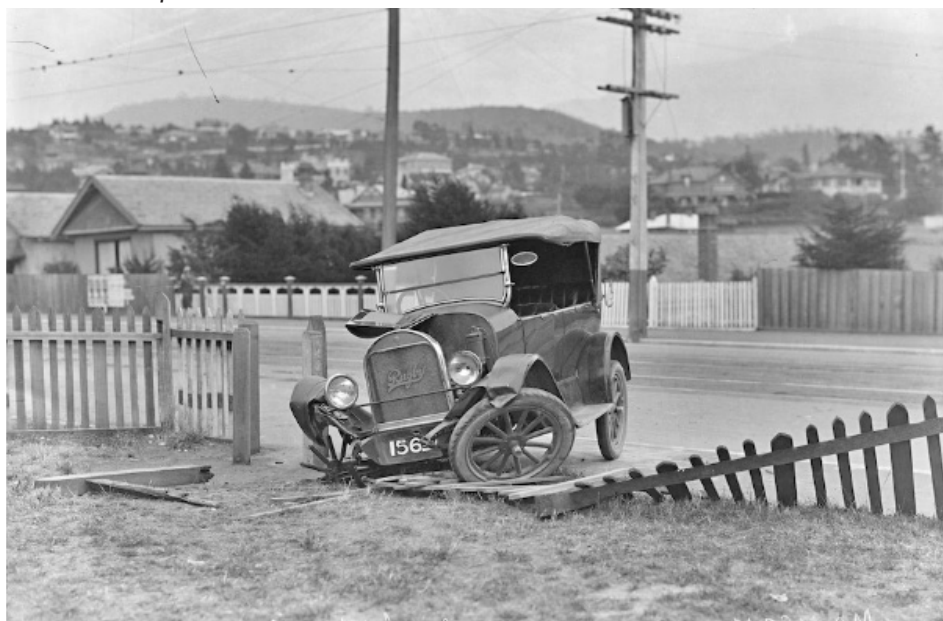
Please arrive by 7pm ready for 7:15 start, just a gold coin donation for this one.

I have said it a number of times, but I am quite happy to repeat this. A big thank you for all your efforts during March. My calculations say that we had eleven things on during that time with many on consecutive days. This included the Expo, our 50 th celebration, Kingston Park and various other Tommy outings and BBQ.

Well done!

*See you at the next meeting*

*President Stephen*



Car crashes into fence circa 1927 showing need for driver education

Credit: Tasmanian Archives

## \*UPDATE\* Group 2 - Bulletins

Past and present bulletins from across Goup 2 are now available for access by all members.

To access the Google Group you can do this from any web browser by entering the address

[groups.google.com/g/g2bulletins](https://groups.google.com/g/g2bulletins)

No password is required.



On Friday, April 14th, we enjoyed a delightful social catch-up at Putters Adventure Golf, where members had the opportunity to engage in friendly competition, strengthen bonds, and share in laughter and conversation.

Looking forward, our next meeting is scheduled for Monday, May 1st. This gathering will be focused on the upcoming City Mission Sleep Rough event, an initiative aimed at raising awareness about homelessness and generating support for those in need.

We encourage all members to attend and participate in the discussion, as we explore how we can contribute to making a positive impact in our community.

*Secretary Hannah*





# 2023 PROGRAM



Meetings are held on the first & third Wednesday of the month

DATE	SPEAKER	TOPIC
WED 19 APRIL	Hayley Brown - RACT	Road Safety Program - Years Ahead Misunderstood Road Rules
WED 10 MAY	Board Meeting	
WED 17 MAY	Bill Lark - Lark Distillery	The story of whisky in Tasmania (Uisce Beatha – the water of life in Gaelic!)

## OPERATIONS UPDATE

DATE	LOCATION	TIME	TYPE	STATUS
SUN 28 MAY	Bunnings		BBQ	Confirmed
SUN 30 JUL	Bunnings		BBQ	Confirmed



Big kid at heart - we hope you were well rewarded Peter :)





# BILL JAMS



We have talked about this over the last couple of months and the Club has committed to running a stall at Kangaroo Bay Saturday morning market.

This commitment started when Bill (pictured above) gave us a mini presentation at our Club last year about selling his home made jams. Bill is at Kangaroo Bay every week selling his jams.

The idea is that we take the pressure off him a bit by running the stall at the market selling the jams that Bill prepares. We are free to sell or promote any other items we like. So that means our bees wax wraps for instance. All proceeds Bill puts towards Rotary projects, which we do the same.

Bill will bring the jams, tables, chairs and tent (if we don't use our own) at 8am to market. We bring our card reader and cash float. We set things up and run the stall from 9am to 1pm when Bill arrives to collect things and help pack up.

I write this before this has happened but a few of us will check out the setup process on the 15th and decide on whether we use our tent, tables etc or go with Bill's. The following Saturday (22nd) we will run the stall. Margaret and Mike (Mike will need to leave early) will be there to run the stall.

However, I would appreciate if we could have a few more bodies there, especially at setup and packing up, to see what happens. Also, it would be nice to have a replacement for Mike as he has more than enough to do.

Will you be run off your feet? No, its not like a Bunnings and traffic through the market is not high but it is constant. Lexie, who is a constant visitor, has never seen it crowded. Bill normally sells between \$200 to \$300 of jam.

If you can help, please come on the 22nd or have a chat to me.

*President Stephen*

how are unicorns fake but giraffes are real like what's more believable a horse with a horn or a leopard-moose-camel with a 40 foot neck



## NEPAL

As you will be aware, a cadre of RCOL rotarians are headed to Nepal this May.

**BUT WE NEED YOUR HELP!!!**

Old phones and ipads that have been wiped, and old glasses can be put to good use for students in Nepal. If you have any you no longer need, please see Margaret Congram to discuss if they can be included in the items being taken over.

Rotarians people of Action!

What airlines think humans look like:



# NOTICES

## BOARD REPORT

The board meetings at the President's place tend to be discussed over a bottle of wine and cheese and crackers.

Various matters are discussed, and decisions made on finance, operations, meetings, catering and any incidences. The minutes are then distributed to the membership via the secretary. You may read these in detail, or you may give it a glance. But I would like to point out the following from our last meeting.

*An important decision that came out of this meeting was regarding the membership fees for 2023/2024. A proposal was submitted to set the fees at \$150. Currently fees are passed onto the members on a recovery basis of what Rotary International and District charges us plus the cost for the magazine and bowls club membership.*



This proposal was accepted by the Board based on the rising cost of living, the ongoing cost of attending meetings and that the current fee cost is potentially unattractive for both current and potential members. The idea is that this will be funded through the allocating part of our future fund raising towards fees. This will be run as a trail and reviewed by the Board closer to the end of 2023/2024 financial year.

I'll talk more about this at the Club meeting in May but if anyone has any queries before hand do not hesitate to have a chat with me.

*President Stephen*

HUSBANDS ARE THE BEST PEOPLE TO SHARE SECRETS WITH. THEY'LL NEVER TELL ANYONE, BECAUSE THEY AREN'T EVEN LISTENING.



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## CONTACT US

For newsletter contributions, please contact  
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